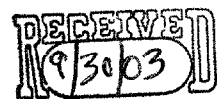




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September 15, 2003

Director
Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street S.W.
Washington, DC 20204

SENT VIA CERTIFIED MAIL – RETURN RECEIPT REQUESTED
ARTICLE #: 7099 3400 0016 4139 9782

RE: Fibermucil

Dear Sir / Madam:

This is a 30-day notification of a statement of nutritional support for a dietary supplement. The product name is **Fibermucil**. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

Dietary fiber provides a myriad of health benefits and is generally considered the most overlooked component in the American diet. In fact, the unique properties of the soluble fiber in this product can help to maintain and support healthy blood cholesterol levels already in the normal range. The insoluble (bulk) fiber in this product helps to "scour" the digestive tract removing undigested food, debris and other by-products. Fiber also speeds gastrointestinal (GI) transit time (the time it takes for food to pass through you) and as a result can help remove digestive by-products sooner. Scientific studies consistently demonstrate the long-term health benefits of a high-fiber diet and it is well established that adequate fiber intake is vital for maintaining the optimal functioning of the digestive system. Moreover, when taken with meals, fiber can also provide a natural feeling of fullness to support most weight-loss plans. **Fibermucil** also includes Lactobacillus Sporogenes to help maintain a balance of beneficial flora in your intestines, which supports nutrient absorption and the overall health of the GI tract.

Respectfully Submitted,

Dr Nancy Steely, ND
Director of Research

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